

2026 District IV Automatic Qualifying Standards

| Event | AA Girls District | AA Girls State | AAA Girls District | AAA Girls State | AA Boys District | AA Boys State | AAA Boys District | AAA Boys State |
|----------------|-------------------|----------------|--------------------|-----------------|------------------|---------------|-------------------|----------------|
| 4x800 Relay | 10:42.25 | 9:50.40 | AUTO | 9:35.48 | 9:03.50 | 8:15.55 | AUTO | 8:00.50 |
| 100 Hurdles | 17.24 | 16.01 | 17.41 | 15.40 | - | - | - | - |
| 110 Hurdles | - | - | - | - | 16.82 | 15.35 | 17.08 | 15.07 |
| 100 Dash | 13.23 | 12.64 | 13.23 | 12.50 | 11.52 | 11.15 | 11.48 | 10.95 |
| 1600 Run | 5:38.74 | 5:15.00 | 5:40.59 | 5:06.00 | 4:38.41 | 4:25.48 | 4:48.20 | 4:19.00 |
| 4x100 Relay | 53.34 | 50.20 | AUTO | 48.73 | 46.59 | 43.66 | AUTO | 42.88 |
| 400 Dash | 1:03.13 | 59.85 | 1:07.30 | 57.38 | 53.23 | 50.70 | 54.70 | 49.39 |
| 300 IM Hurdles | 50.24 | 47.64 | 52.30 | 46.61 | 43.30 | 40.80 | 43.30 | 39.80 |
| 800 Run | 2:31.38 | 2:20.60 | 2:31.57 | 2:16.87 | 2:05.34 | 1:59.30 | 2:07.24 | 1:56.50 |
| 200 Dash | 27.43 | 26.01 | 27.23 | 25.46 | 23.63 | 22.75 | 23.71 | 21.99 |
| 3200 Run | 13:15.00 | 11:35.00 | 13:15.00 | 11:01.42 | 10:26.64 | 9:42.00 | 10:50.00 | 9:26.00 |
| 4x400 Relay | 4:22.68 | 4:08.75 | AUTO | 4:00.50 | 3:42.34 | 3:29.60 | AUTO | 3:21.04 |
| Long Jump | 16-1 | 16-11 | 14-10 | 17-9 | 19-6 | 21-10 | 19-0 | 22-3 |
| Triple Jump | 33-0 | 35-6 | 31-0 | 36-11 | 39-1 | 44-0 | 38-8 | 45-0 |
| High Jump | 4-10 | 5-2 | 4-8 | 5-3 | 5-10 | 6-3 | 5-8 | 6-5 |
| Pole Vault | 8-0 | 10-6 | 7-6 | 11-6 | 10-6 | 13-6 | 10-6 | 14-3 |
| Shot Put | 33-0 | 36-6 | 30-0 | 37-6 | 43-0 | 49-6 | 43-0 | 52-0 |
| Discus | 93-6 | 113-0 | 90-6 | 120-1 | 120-0 | 148-0 | 122-0 | 153-0 |
| Javelin | 105-6 | 121-0 | 101-0 | 125-3 | 149-6 | 176-0 | 150-0 | 178-0 |